

Your Awareness can Prevent Spread of Coronavirus

Symptoms of Coronavirus Infection

Coughing, fever, cold, vomiting, pneumonia, shortness of breath and in some cases diarrhea

Steps to be taken to prevent spread of Coronavirus

- Avoid large gatherings and unnecessary travel.
- Maintain distance of at least 1 meter from person suffering from cold, cough or fever.
- Wear mask if suffering from cold, cough or fever.
- Wash hands frequently. When washing hands with soap, rub at least for 1 minute.
- Wash hands with alcohol based sanitizer.
- Avoid touching your eyes, nose and mouth.
- Avoid shaking hands and hugging anyone.
- Take fully-boiled food only.
- Wash used handkerchiefs properly.
- Throw used tissues into closed dustbins only.
- If you or any of your family members have travelled from affected locations, please report to the nearest health centre.



Precautionary Steps taken by State Govt.

- 24X7 surveillance centres set up at every airport of the state.
- 24X7 control room set up in every district.
- Special isolation wards have been set up at all Medical Colleges and District Civil Hospitals.
- Adequate ambulance kept ready at every District Civil Hospital.
- Testing facilities available at Guwahati Medical College and Hospital, Regional Medical Research Centre, Dibrugarh, Jorhat Medical College and Hospital and Silchar Medical College and Hospital.
- Sufficient quantity of Personal Protection Equipment (PPE) kept in all Medical Colleges and District Hospitals.
- Continuous awareness meetings being carried out in all villages.
- Special training being imparted to all medical personnel on how to prevent spread of this virus.

Don't Fall Prey to Rumours. Please Contact Nearest Health Centre for any Information and Assistance.



Helpline number for Assam

6913347770